medium will be collected after 15, 30 and 60 min of incubation and the insulin level was analyzed by Elecsys 2010 analyzer.

2.4. Statistical Analysis

One-way analysis of variance (ANOVA) followed by the Tukey's post-test was used to analyze the differences between groups and differences between time intervals amongst groups using SPSS 17 statistical package, USA. A probability value <0.05 was considered the minimum level of statistical significance. The average particle sizes (in nM) are expressed as means \pm SD (standard deviation) while insulin levels are expressed as means \pm SEM (standard error of means). Also blood glucose levels are presented as a percentage of control and expressed as means \pm SEM (standard error of means).